



## *Dear Cypress Dance Community,*

We know that this is a time of great uncertainty and upheaval in many aspects of all of our lives. We want you to know that the dance community is committed to continue caring for and supporting your dancer throughout this ordeal. Dance provides an important physical and emotional outlet that students crave; it provides endorphins that aid in fighting stress and providing peace; continuing training will provide a sense of normalcy, calm and security through the chaos of our current situation. Each of your Cypress area dance studios is working to find the best ways to provide class and connect with our students and families while we can't physically be together and will be in communication with ongoing plans. Our goals in all of this:

To help our dancers stay on track in their training so we can jump right back into making progress in a few weeks. Furthermore, to support serious dancers in progressing their training and technique while we are all confined to our homes.

To provide connection to the people and the things that our students love.

To keep our bodies and minds moving to support our physical and mental health.

On an important note, if you are considering withdrawing at this time, we ask you to reconsider. Our employees depend on their jobs for their livelihood. Arts and many other non-essential organizations are going to be hard hit in this season. Many people will be losing their income and sadly will not be able to pay for extra curriculums. Please support your dancer, teachers and studio by continuing to pay tuition and seeing them through the end of the season we have all committed to.

Finally, the best thing we can do for our kids is let them know, through our words and actions, that life will go back to normal. We must give our students hope for a happy and fun future in just a few short weeks and we know they will want their dance classes to be a part of that. May your family stay safe and well. We can't wait to see you in person again!

*Sincerely,  
Cypress Dance Studios*